

# Regina Highland Dancing Association Winter Workshop



Instructor: Laura Donlan, NY

Date: January 19-21, 2018

Where: Jack Mackenzie School - Dance Studio  
3833 E Buckingham Dr.

Registration Deadline: Friday, January 12, 2018

<u>Dance Level</u>	<u>Cost (please check)</u>	<u>Includes:</u>
Primary	\$15 <input type="checkbox"/>	Highland - one 45 min class - Sun.
Beginner Novice Intermediate	\$40 <input type="checkbox"/>	Highland - Two 60 min classes - Sat. & Sun. (Please circle your level)
Premier	\$90 <input type="checkbox"/>	Highland - 1 hour Friday, 1.5 hrs Sat. & Sun. Plus: Level 10 strengthening and fitness session and "Highland Wellness & Strength" - by Laura
Professionals	\$25 <input type="checkbox"/>	All Sessions - Advertised Workshop for CPD

Tentative Schedule (final to be sent out January 15, 2018)

Friday, January 19	5:00 - 6:00	Premier 7 to under 12
	6:00 - 7:00	Premier 12 to under 15
	7:00 - 8:00	Premier 16 and over
Saturday, January 20	9:00 - 10:30	Premier 7 to under 12
	10:30 - 12:00	Premier 12 to under 15
	12:00 - 12:30	Lunch
	12:30 - 2:00	Premier 16 and over
	2:00 - 3:00	Beginner/Novice
	3:00 - 4:00	Intermediate

\* all Premier dancers will attend a Strengthening and Fitness session at Level 10 - from 3:00 - 4:30 p.m.

Sunday, January 21	9:00 - 10:00	Beginner/Novice
	10:00 - 10:45	Primary
	10:45 - 11:45	Intermediate
	11:45 - 12:15	Lunch
	12:15 - 1:30	Premier 7 to under 12
	1:30 - 3:00	Premier 16 and over
	3:00 - 4:30	Premier 12 to under 15

Please complete the Registration Form and mail, drop off or email it to:

RHDA c/o Sheila Acton  
75 Cameron Crescent  
Regina, Sask. S4S 2X1  
[sheila.acton@accesscomm.ca](mailto:sheila.acton@accesscomm.ca)

\* Please e-transfer all payments to: [rhdasask@gmail.com](mailto:rhdasask@gmail.com) and in the memo please put Workshop and make the password - workshop

Family Information: \_\_\_\_\_

Parent Name: \_\_\_\_\_ Teacher: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Dancer Name	Birthday	Age	Level	Dances known (pre-premier only)	Amount Payable
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1.	_____	_____	_____	_____	_____
2.	_____	_____	_____	_____	_____
3.	_____	_____	_____	_____	_____

Please indicate payment method:

\_\_\_\_\_ cheque payable to RHDA

\_\_\_\_\_ e-transfer payment to [rhdasask@gmail.com](mailto:rhdasask@gmail.com) (password workshop)

RHDA Membership # \_\_\_\_\_

\* if not an RHDA member, please add \$5 for Primary

\* \$15 for Beginner, Novice and Intermediate

\* \$25 for Premier

Please note that classes may be combined or cancelled depending on numbers of entries received.

Final Schedule will be confirmed and emailed to all Registered Participants by Jan. 15, 2018. If you have any questions, please email Sheila Acton at: [sheila.acton@accesscomm.ca](mailto:sheila.acton@accesscomm.ca) or phone 306-209-0669