

# MAC-TALLA

## REGINA COMPETITION

The Regina competition and workshop took place on March 1/2. A big thank you to all of the volunteers, competitors, and parents for making this a terrific event! From the concession, to the pipers, to the organizers ensuring nothing got missed, we couldn't do it without you!



## MEDAL TESTING

If you haven't heard the term 'medal testing' before it refers to highland dance exams. Medal testing is a non-competitive opportunity for dancers ages 3 and older to dance for an examiner.

This not only encourages dancers to learn new dances and steps, but also allows dancers to improve their dancing by receiving written feedback from the examiner. As an added bonus, dancers receive medals (sent all the way from Scotland) for successfully completed levels!

At the discretion of their teacher, dancers may take highland, national, jig, hornpipe, choreography, and/or theory exams. The type and level of exam will determine which dances and steps the dancer will perform. Dancers 16 and older may begin taking professional (teaching) exams.

Exams will take place **mid-April** this year. Your teacher will contact you regarding studio exam date and times!

## UPCOMING EVENTS

**06 APR 2025:** Harmony United Church  
Dance out

**12 APR 2025:** Saskatoon Competition

**26 APR 2025:** Mulberry Estates  
Dance Out

**17 MAY 2025:** Saskatchewan Highland  
Gathering and Celtic  
Festival (SHGCF)

**24 MAY 2025:** Provincials (Saskatoon)

## REGINA WORKSHOP

On the Sunday following the competition many RHDA dancers attended the workshop.

The dancers worked hard and received valuable feedback from judge Katie O'Hare.

Thank you to everyone who attended and made the workshop a success. We hope to see you at future workshops!



# SASKATCHEWAN HIGHLAND GATHERING AND CELTIC FESTIVAL (SHGCF)

The SHGCF will be held in Regina at **Victoria Park on May 17, 2025.**

The SHGCF incorporates older Highland Games events in Regina and Moose Jaw that have been running since the early 20th century! Pipers, drummers, dancers, heavy events athletes, and enthusiasts from all over Western Canada come to Regina each year on the May long weekend to participate!

This event includes a **highland dance competition for pre-premier dancers, Open Championship for Premier dancers, and dance-out opportunity for recreational dancers.** This year is the 20th Anniversary of the Queen City Open Championship!

The organizers have introduced a **Solo Choreography for Premier dancers** at SHGCF, and it will be an opportunity for premiers to dance outside, and for pre-premiers to watch choreographies once their dancing concludes.

In addition to dancing there will be Pipe Bands competing and Scottish heavy athletics (e.g., tossing the caber, Braemar stone, hammer throw) competition to watch!

## KINDERMASKEN BALL

RHDA dancers performed at the German Club for their Kindermasken Ball on February 15th!



## WE WANT YOUR INPUT

Do you have something you want to see in a Mac-Talla? Email information and ideas to [highlanddance2@yahoo.ca](mailto:highlanddance2@yahoo.ca)

## DANCER OF THE MONTH



### Callie Schneider

**Years Dancing:** 2019 - present

**Favourite Dance:** flora

**Why Callie started dance:** Well, it really started when I started copying my mom at dance outs and I enjoyed it.

**Favourite memory:** It would probably be at mosaic. I just love the passion of other dancers and helping little dancers learn!

*If you are interested in being featured, complete the following questionnaire:*

[https://uregina.eu.qualtrics.com/jfe/form/SV\\_3kfnYgJrkuG1cG](https://uregina.eu.qualtrics.com/jfe/form/SV_3kfnYgJrkuG1cG)

## VOLUNTEER OPPORTUNITIES

- World Cup
  - Need volunteers wearing kilts to carry flags April 4th.
  - If interested, contact [tajesto@yahoo.ca](mailto:tajesto@yahoo.ca)
- SHGCF
  - In need of volunteers to help manage the people flow, events management, security, setup, etc.
  - If interested, complete the form at: [saskhighland.ca/become-a-volunteer](http://saskhighland.ca/become-a-volunteer)
- MOSAIC
  - Our planning committee is looking for volunteers in the following areas: Family, Finance, Entertainment, Kitchen, and Bar.
  - If interested, please contact [highlanddance2@yahoo.ca](mailto:highlanddance2@yahoo.ca)

**NOW ON INSTAGRAM! FOLLOW US @ReginaHighlandDancingAssoc**